



# THE POINT

Your Community School Promoting Excellence

## Term 3 Weeks 3 to 6 - Picnic Point High School Update

29 August 2022

### Year 7 Camp

From Wednesday until Friday 10-12 August Year 7 students were away at camp at Stanwell Tops. They participated in many exciting and adventurous activities which provided opportunities for students to make good memories. Some of these included rock climbing, go karting, archery, survivor games, obstacle courses, night games and the Goliath swing. The Goliath swing towered nearly 30m into the air!!!

During these activities, students were challenged to push themselves out of their comfort zone. For example, conquering fears of height, speaking to new people or simply learning a new skill. It was a fun, exciting learning experience, where students had opportunities to make new connections with their peers and teachers. One highlight which made camp even better was the fact there was so much amazing food (maybe even too much!) to look forward to after each amazing activity.

Overall, Year 7 had an amazing experience at camp and have made some amazing memories. We cannot wait until the Year 11 camp already.

Finally, we would like to thank Mr Harding, Ms Marquis and all of the other teachers involved in making this camp happen.

**Ava Pringle and Mackenzie Rouse**

Year 7



## Coming up @ PPHS

### Social Media

**Website:**

[www.picnicpt-h.schools.nsw.edu.au](http://www.picnicpt-h.schools.nsw.edu.au)

**Facebook:**

Picnic Point High School Official

**Twitter:**

@picnicpoinths

WEEK 7	
<b>Monday 29.08</b>	Yr 10 - Creating Chances Program
<b>Tuesday 30.08</b>	
<b>Wednesday 31.08</b>	HSC Showcase PPHS Exhibition 5pm-7pm Recital 7pm-9pm
<b>Thursday 01.09</b>	
<b>Friday 02.09</b>	

WEEK 8	
<b>Monday 05.09</b>	Careers Talk in the Library Lunchtime University of Sydney
<b>Tuesday 06.09</b>	
<b>Wednesday 07.09</b>	Yr 11 Ceremony State Athletics Carnival
<b>Thursday 08.09</b>	State Athletics Carnival
<b>Friday 09.09</b>	State Athletics Carnival

### Mathematics Homework Club

Maths Homework Club happens every Thursday Week A. Thank you to Mr Goh and Maths for organising this!



### Year 10 Most Improved - Congratulations

Aaliyah Tirrant, Adam Saleh, Aleah Fulton, Alex De-Angelis, Alia-Rose Nasser, Ayush Baniya, Cali Lynch, Charli Jones, Cheyenne Lynch, Christian Morris, Elka Lucas, Georgia Sabbagh, Jess Venditti, John Katselas, John Mihalopoulos, Kevin Bui, Louisa Marie Camelin, Mitchell Rowles, Nicholas Houllis, Ploy Pletcharit, Rebecca Georgievski, Ronin Phillips, Siah Saltner, Thomas Harvey, Zak Saleh



### Year 10 High Achievers - Congratulations

Abir Malaeb, Aleah Fulton, Alex De Angelis, Armani Saleme, Audrey Bull, Catherine Nguyen, Charlotte Bayley, Daniel Merheb, Danyal Eldick, Eliza Marsh, Isabella Skead, Jennifer Nguyen, Logan Bell, Lucas Purvis, Matthew Papagianopoulos, Mya Donnelly, Nash Allworth, Rafat Shaik, Riley Farrell, Robert O'Neill, Ryan Trinh, Sara Malaeb, Sasha Dimevski, Sebastian Crowther, Shazana Elgedawy, Vincent Nguyen



PICNIC POINT HIGH SCHOOL

# HSC Showcase

2022

FREE EVENT

Wednesday 31 AUGUST

**Exhibition 5 pm - 7 pm**  
Year 12 Visual Arts Body of Works  
Year 12 Industrial Technology Timber Major Projects  
Year 12 Photography, Video & Digital Imaging Portfolios  
Year 12 VET Hospitality Catering  
Year 11 Visual Arts & Photography Displays

**Recital 7 pm - 9 pm**  
Year 12 Music Performances  
Year 12 VET Entertainment

LIGHT REFRESHMENTS

PICNIC POINT HIGH SCHOOL HALL

## Student leadership

On 9 August the Student Leadership Team, consisting of 180 student leaders from Years 7-11, participated in the second workshop of the year. Students moved forward with organising the school's 60th birthday carnival celebration project. Separated into groups of 6, the student leaders combined collaborative, creative thinking and communication skills within their group to design a game/stall carnival themed idea whilst mapping it out in preparation for the third workshop, Shark Tank.

Shark Tank consisted of leaders, within their groups, having to pitch their ideas one by one to the sharks: Ms Stavros, Ms Gourlay and Ms Millar, in order to persuade them into investing the desired amount of funds into their unique idea. For instance, one group's idea was a spinning wheel, including the chance to win gift bags, tickets to other group stalls, vouchers to local businesses to support the community and many more!

These workshops are all in contribution to Picnic Point's 60th birthday carnival celebration which will be held on at the end of the year.

**Rafat Shaik and Catherine Nguyen**

**Year 10 Student Leaders**



## Students of the Month - July

- |         |                      |
|---------|----------------------|
| Year 7  | Mia Yam              |
| Year 8  | Dylan Anderson       |
| Year 9  | Ethan Lofts          |
| Year 10 | Alia-Rose Nasser     |
| Year 11 | Benjamin Rovere      |
| Year 12 | Madison Windschuttle |

### **Term 3 has kicked off with a bang in our school sporting world!**

First we had our ten amazing cross country athletes representing Picnic Point High School in the NSW All Schools State Level Cross Country Event at the Sydney Motorsport Park. To gain entry to the event let alone complete the event competitively is a feat on its own. We would like to congratulate all ten of our students on their results, performances, achievement and respectful representation of our school. May you continue to excel and prosper.

Our students have also been selected in a range of sport to represent both our school and the Sydney South West School Sporting Association. Sports include Touch Football, Softball, Rugby League, Rugby Union, Basketball, Soccer and most recently Gymnastics. We are proud of all of our elite athletes and would like to congratulate and praise all of these students on their achievements and success within their sport. We would also like to wish all those progressing the best of luck in their upcoming progression and events including both of our Gymnastics girls achieving success, and a championship within their respected levels.

The Regional Athletics Carnival was held across two days in Week 3. Picnic Point High School had forty students qualify as part of the Bankstown Zone School Sporting Association's Athletics Team. This included many athletes qualifying for anywhere between 1 and 8 different track and field events which equated to hundreds of Picnic Point High School event qualifications. This has continued our 2022 resurgence in school sport dominance within Zone representation of carnival based events. Our students have allowed Picnic Point High School to achieve the overall highest combined 2022 Zone representation in Athletics, Swimming and Cross Country!

Our school teams have also had elite sporting experience this term.

Our Under 13s Rugby League team progressed to the City Cup Finals last term. Our boys participated as part of the top 5 teams in Rugby League for the areas within Sydney's West. This competition included hundreds of schools ranging from Bankstown to the Blue Mountains and from Windsor to Campbelltown competing earlier in the year for these 5 places. This qualification itself is an amazing effort and achievement. In the tournament, all schools play each other once, with the overall first place team progressing. Sport is always dependant on a range of factors, and unfortunately, on the day we had a few too many factors hinder our progression. Our second game loss was to the team that ended up first overall. What the boys did learn that day was that when in a slump we must pull ourselves up and progress. The resilience the boys developed and displayed that day, at the age of 12 or 13, is an immeasurable achievement on its own that we will benefit from in our next five or six years together.

The Opens Girls Touch Football also had a great feat to achieve by sitting on the school bus for a combined twenty hours in two days for their return trip to Moree. The girls were required to show their dedication and passion for their sport and school to make the trip to play in Warialda against Warialda High School for a place in the Top 10 of NSW Secondary School Touch Football. Our very young team with girls ranging from 12 to 16 years of age showed how mature and amazing our girls are! The girls travelled, played and returned across two days and one night with success by defeating Warialda High School 2 points to 1 in a game played in front of Warialda's school community. To say that the game was full of high pressure moments is an under statement with the girls definitely earning their position within the Top 10 of NSW. From denied tries to chasing down full field line breaks to save tries and our amazing box sets that allowed our momentum to continue, our girls displayed how united, talented and skilful they are. It is a massive achievement and our school is extremely proud. Good luck to the girls within their future progression!

Thank you to all of the staff and parents who have provided continual support and encouragement to our athletes allowing for their progression within school sport to be possible at all levels in 2022.

**Mr Strbac**  
**PDHPE**



## Sydney Opera House First Nations Work Experience Program August 2022 Evaluation

### What was the most valuable experience you had during the Sydney Opera House Work Experience Week?

- Learning about the security and what they do around the Opera House.
- The whole week was valuable to me. Just having the opportunity to be in the Opera House and to see what goes on in the Opera House is amazing. It's an honour to be here.
- I really liked the Job Ready Session because it helped me understand a lot.
- The Access Challenge. It showed the problems that some people face in a fun way.
- Learning about how the Opera House isn't just theatre.

### What was the most interesting experience you had during the Sydney Opera House Work Experience Week?

- The Call Centre and Ticketing Box was the most interesting.
- The most interesting was seeing Benny the seal and learning that the Opera House is very into sustainability in the harbor. Getting told that the Opera House is under water.
- I loved seeing Benny the seal he is adorable. Also getting to see how things work in all the tours.
- Security. They showed us how big their view is, and they are quite funny.
- Backstage tour and Security tour. Call Centre was also interesting.

### What would you have liked more of?

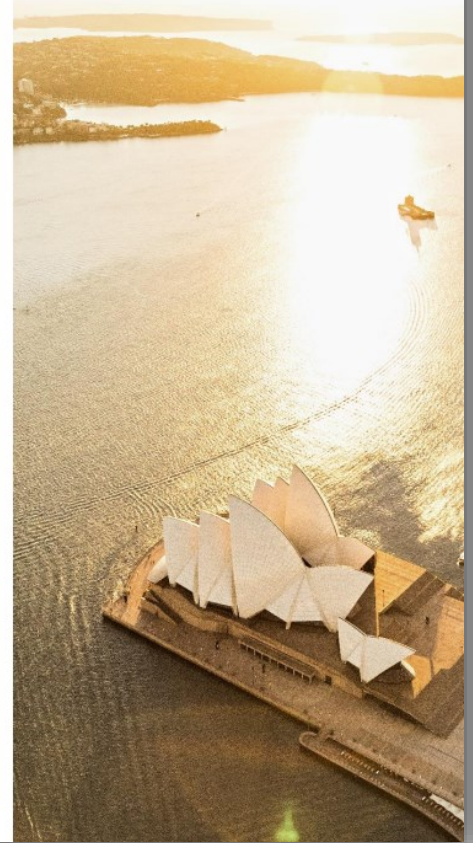
- Security.
- More time for work experience. Security.
- Benny.
- Showing more of the Opera House.
- Security tour.

### What would you have liked less of?

- I would have liked a little less talking.
- The production for staging because we didn't get to do anything and they didn't tell us much information, so maybe next time they can be more prepared.
- Walking.
- Long winded, overly detailed talks – felt it was drawn out.
- Repeating talks (things that have already been said).

### General Comments

- Overall the experience was good and I would definitely do it again if I could.
- The whole trip was amazing! Not too much information. Maybe more than a week instead of learning it all at once. Longer with Security, Brayden and Bri were amazing!
- I loved this experience a lot and learned a lot from everything discussed this week.
- The overall week has been great but was held back by the long and overly details talks.
- Good experience, very informative.



## Year 10 student shines at Sydney Opera House

In Term 3, Mariah Tatham of Year 10 was successful in applying for the First Nations Sydney Opera House Work Experience Program. As part of this program, Mariah had the opportunity to learn about the large variety of job roles on offer and the operational resources required to keep one of our most famous cultural landmarks running. Mariah learnt about security, call centre, ticketing, backstage, theatre, sustainability and more. However one of the most interesting parts of this week-long event was getting a visit by 'Benny the seal' who likes to frequent the steps of the Sydney Opera House.

Well done Mariah for your initiative and enthusiasm!

**Ms Waibel**

**Careers Advisor & Social Sciences Secondary School Teacher**

## Activities

**Diamond Painting  
Mondays  
(Dance Room) @ lunch**



**Wrap with Love (Library)  
and Chess (C22A/B)  
Tuesdays @ recess**



**Wellbeing Wednesdays  
(Library) @lunch**



**Maths Homework Club  
Thursdays (C31) @lunch**



# School Community Charter

## Collaborative. Respectful. Communication.

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

We treat  
each other  
with  
**respect**

### What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 - 2022.



### Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We  
**prioritise**  
the wellbeing  
of all students  
and staff

**Unsafe  
behaviour**  
is not acceptable  
in our schools

We work  
**together**  
with the  
school

**Ensuring respectful learning environments for all members of NSW Public Schools communities.**



We create **collaborative** learning environments

We all play **our part**

We work **in partnership** to promote student learning

## Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: [education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students](https://education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students)

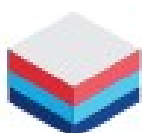
## Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

### Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



**Collaborative.**  
**Respectful.**  
**Communication.**

**School Community Charter**

[education.nsw.gov.au](https://education.nsw.gov.au)

**REGISTER A TEAM OR AS AN INDIVIDUAL NOW!**

**CANTERBURY TOUCH JUNIOR COMPETITION**

FOR BOYS & GIRLS 5-17 YEARS  
 STARTS: SUNDAY 4TH SEPTEMBER  
 VENUE: WATERWORTH PARK, EARLWOOD  
 COST: \$100 PER PLAYER  
 INCLUDES PLAYING SHIRT & END OF SEASON GIFT  
 ACTIVE KID VOUCHERS ACCEPTED

Contact Details  
**0408 163 462**  
 canterburytouch@yahoo.com.au  
 www.canterburytouch.com.au

**CANTERBURY TOUCH FOOTBALL 2022 JUNIOR COMPETITION**

**REGISTRATIONS NOW OPEN**

*Register as a team, with friends or as an individual*

- BOYS & GIRLS 5-17 YEARS IN 2022
- STARTS SUNDAY 4TH SEPTEMBER
- ENDS SUNDAY 27TH NOVEMBER
- WATERWORTH PARK, EARLWOOD
- \$100 PER PLAYER
- INCLUDES PLAYING TOP & GIFT
- ACTIVE KIDS VOUCHERS ACCEPTED

**THE FACTS ABOUT VAPING**

**VAPES ARE DESIGNED TO BE APPEALING TO YOU**

The flavours (e.g. watermelon, grape, caramel, bubble-gum, vanilla and mint) and colourful packaging used for vapes make them appealing. **Many vapes also contain nicotine, which you can become addicted to very quickly.** Tobacco companies are continuously looking for new customers. Vapes are a new way to get young people addicted to nicotine, which is often difficult to quit.



**MOST YOUNG PEOPLE DO NOT VAPE**

Vaping may seem popular, but in fact, research shows that 4 in 5 young people do not vape. You might think vaping is harmless, but it isn't, and **the serious consequences of vaping are just starting to emerge.** Any take up of vaping by young people is worrying.

**NICOTINE IS HARMFUL FOR YOUR YOUNG BRAIN**



Nicotine is a drug that is in many vapes and is very addictive for young brains. **It can cause long-lasting negative effects on your brain development.** Nicotine changes the way brain synapses are formed in young people. This can harm your ability to pay attention, learn and affect your mood and memory.

**RISKS TO YOUR PHYSICAL AND MENTAL HEALTH**

Vapes may expose you to chemicals at levels that have the potential to cause negative health effects. Vaping can impact your lungs and fitness. It can also leave you at increased risk of depression and anxiety. **Vaping has been linked to serious lung disease.** Importantly, many of the long-term harms of vaping are still unknown. You're not vaping water. When you inhale from a vape you can be exposed to:

- the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray.
- toxins such as formaldehyde and heavy metals.
- ultrafine particles that can be inhaled deep into the lungs.
- flavouring chemicals such as diacetyl (a chemical linked to serious lung disease).

Vapes have even been known to explode causing serious burns.



Do you know what you're vaping?  
 Get the evidence\* and facts at [health.nsw.gov.au/vaping](http://health.nsw.gov.au/vaping)  
 \*All statements are backed by evidence which can be found on the website

