

## Yr 9 Outdoor Ed. Camp Gear List 2024

<b>Personal Items: Remember you will be carrying these items as well as your share of the group's food and cooking utensils, sleeping bag, sleeping mat, and taking turns carrying your group's tent...it's only 2 days, so pack light!</b>		
<b>No's</b>	<b>Item Required</b>	<b>Packed</b>
1 x	Sleeping bag liner ( <b>Essential item</b> as sleeping bag will need <b>dry cleaning</b> if not provided & cost passed on to parents)	
1 x	Camp pillow (or can use jumper rolled up- <b>NO</b> house pillows)	
1 x	Good shoes for walking (or other comfortable non branded shoes)	
2 x	Shirts (preferably <b>NOT cotton</b> , but a quick drying synthetic material, like soccer shirts)	
2 x	Undies, socks, and sports bras (for those who need them)	
3 x	Shorts/trousers (must be quick dry, <b>NO jeans</b> or heavy cotton trackies)	
1 x	Rain Jacket	
1 x	Jumper ( <b>NO hoodies</b> , will not dry if wet)	
1 x	Toilet bag- <ul style="list-style-type: none"> <li>• Toothbrush &amp; paste</li> <li>• Suncream</li> <li>• Toilet paper &amp; Hand Sanitiser</li> <li>• Roll on deodorant (not necessary, but ok &amp; 100% <b>NO SPRAYS PLEASE</b>)</li> <li>• Lip balm</li> </ul>	
1 x	Sun Hat	
1 x	Beanie & Gloves (only if weather indicates temps below 10)	
1 x	Sleep-wear should be part of the above items (could be thermals), as well as paddling in shallow water items, (quick dry shorts and tops work well).	
1x	Pair of "wet" shoes for paddling and river crossings where shoes will get wet.	
1 x	50L pack liner (waterproof) OR heavy-duty garbage bag (works just fine)	
1 x	Cup, plate & eating utensils	
1 x	Torch (with batteries), head torch is much more convenient if you have access to one.	
1 x	600mL + personal water bottle (other water bottles provided)	
1 x	Kitchen kit-Between your group, there must be; <ul style="list-style-type: none"> <li>• 1 x dish cloth,</li> <li>• 1x tea towel, and</li> <li>• 1x small bottle of dish soap,</li> </ul>	
1 x	Notebook provided by school, and a pen	
1x	Microfibre cloth (to use as towel to wash face etc...)	
4 x	<b>Snack zip lock bag</b> of snacks (2 Morning-t's & 2 x Afternoon T's)-Nutri grain, m&m's, trail mix etc ( <b>NO GUM</b> )	
<b>Good Ideas</b>		
5x	Zip lock freezer bags (trust me, they come in very handy)	
1 x	If you know your knees need extra help, walking poles are brilliant, especially for down hills	
1 x	Pack of cards (just in case you have some spare energy after dinner!)	
1 x	Spare of shoes laces	
1x	Individual first aid kit (not required), & definitely <b>NO prescription meds</b> to be in these kits)	
<b>Leave At Home!</b>		
All x	Technology (yes this includes air pods), there is no service, so, any communications will be by SAT phone	
All x	Gum, or individually wrapped lollies, creates unnecessary litter.	
All x	Individual attitudes, as we must work as a team to make the most of our experiences!	